



**Lumber Heads Food Co.
TAKE-OUT MENU**

Contact vendor directly to place an order: kettlecornboss@yahoo.ca
Orders must be placed by noon each Thursday before the market Saturday.

Lumber Heads Kettle Corn

Kettle Corn 160g Sweet & Salty (GF, V)	\$4.00	Caramel Corn 200g Old Fashion Carnival style (GF, V)	\$3.75
Maple Kettle Corn 160g Glazed with real dark maple syrup (GF, V)	\$5.00		

Moose River BBQ Sauces (Any \$3 for 20)

Maple Whiskey 250ml Straight up BBQ sauce (Med)	\$7.00	BrewHog – Beer & Mustard 250ml Great on pulled pork (Mild)	\$7.00
Sticky Maple BBQ Sauce 250ml Sweet Maple – great on ribs & burgers	\$7.00	Spicy Mango Grilling Sauce 250mlf Great on Chicken (Hot)	\$7.00
Jack Daniels #7 BBQ Sauce 250ml A big bold grillin’ sauce (Hot)	\$7.00		

Moose River Jams & Jelly (Any 3 for \$20)

Tipsy Strawberry Jam 250ml With a splash of Grand Marnier (GF)	\$7.00	Peach & Vanilla Jam 250ml Ontario Peaches whole vanilla bean (GF)	\$7.00
Blueberry Mango 250ml Bold and exotic! (GF)	\$7.00	Ginger Pear 250ml Organic Bartlett pear (GF)	\$7.00
Wildfire Jelly 250ml Habanero peppers with - Hot (GF)	\$7.00	Raspberry Jalapeno Jelly 250ml Great on pork & chicken! (Hot)	\$7.00

Barrie's Asparagus Chips & Sauces

Asparagus Corn Chips 250g Lightly Salted or Mexican Spice (GF, V)	\$6.00	Asparagus Salsa 430ml Mild or Medium (GF, V)	\$7.00
Hot & Sweet Chunky Salsa 250g Hot (GF, V)	\$6.00	Asparagus Pesto Sauce 250g For Pasta, Pizza or as Mayo (Dairy free, GF, V)	\$7.00
Pickled Asparagus 500ml Hot or Mild (GV, V)	\$7.50	Bread & Butter Pickles 750ml Ontario Grown Sweet (GF, V)	\$6.00
Baby Dill Pickles 750ml Ontario grown	\$6.00	Barrie's Horse Radish Mustard 250ml Great meats or use as a sweet mustard	\$6.00

Organic Fairtrade Coffee (2 for \$24)

Blacksmith & Bean 1 lb Medium Roast – roasted weekly	\$13.50	Blacksmith & Bean 1 lb Dark Roast - roasted weekly	\$13.50
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Dairy Free Smoothie Bowls

Chocolate Peanut Butter 393g 21g of protein (Dairy free, GF, V)	\$10.00	Classic Mixed Berry 393g 18g of protein (Dairy Free, GF, V)	\$10.00
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