



**French Lunch
TAKE-OUT MENU**

Contact vendor directly to place an order: order@frenchlunch.ca
Orders must be placed by noon each Thursday before the market Saturday.

FRENCH STYLE CRÊPES

Plain Original 10/pack, frozen	\$11.99	With Beef & Tomatoes 4/pack, frozen	\$11.99
With Chicken Julienne 4/pack, frozen	\$11.99	With Spinach & Ricotta 4/pack, frozen	\$11.99
With Mushroom Julienne 4/pack, frozen	\$11.99	With Cottage Cheese & Vanilla 4/pack, frozen	\$11.99

CRÊPES GLUTEN-FREE

Plain GF 10/pack, frozen	\$11.99	With Beef & Tomatoes 4/pack, frozen	\$13.99
With Chicken Julienne With Spinach & Ricotta \$13.99 4/pack, frozen 4/pack, frozen	\$13.99	With Mushroom Julienne 4/pack, frozen	\$13.99

PREPARED MEALS

Coq au Vin 454g, frozen	\$17.99	Cabbage Rolls 4 cabbage rolls, frozen	\$14.99
Beef Bourguignon 454g, frozen	\$24.99	Toulouse Sausage Casserole 500g, frozen	\$11.99
Shepherd's Pie 600g, frozen	\$13.99	Spanish Paella 400g, frozen	\$13.99
Beef Lasagna 950g approx, frozen	\$14.99	Chili con Carne 454g, frozen	\$9.99

SOUPS

French Onion 16oz, frozen	\$4.95	Cream of Mushroom Base GLUTEN-FREE, DIARY-FREE 16oz to make 32oz of soup, frozen	\$7.99
Borsch 32oz/950ml, frozen	\$9.99	Cream of Broccoli Base GLUTEN-FREE, DIARY-FREE 16oz to make 32oz of soup, frozen	\$7.99
Chicken Noodle 32oz/950ml, frozen	\$9.99		

BAKED GOODS

Quiche Lorraine 9", freshly baked	\$24.95	Butter Croissants 5 croissants, freshly baked	\$9.99
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Apart from French Onion Soup all our soups and meals are gluten-free. Cream soups are also dairy-free.