



## RicherEarth Vegan Eats TAKE-OUT MENU

Contact vendor directly to place an order: [contact@richerearthveganeats.com](mailto:contact@richerearthveganeats.com)  
*Orders must be placed by noon each Thursday before the market Saturday.*

### DRESSINGS

#### **Herbed Poppyseed Dressing \*New Bigger Size 354mL \$7.49**

A superb blend of savoury and sweet organic ingredients. This dressing is perfect for fresh salads, and as a delicious glaze for veggies and vegan meats, too!

Vegan, Organic, Gluten-Free. Made in Ontario.  
Ingredients: Extra-Virgin Olive Oil, Water, Apple Cider Vinegar, Maple Syrup, Scallion, Pink Himalayan Salt, Worcestershire Sauce, Paprika, Black Pepper, Poppyseeds  
May contain traces of tree nuts.

#### **Mango-Herb Dressing 354mL \$7.49**

Take in the aroma experience of food with this dressing that delights in fresh herbs such as basil, thyme and parsley, a healthy mix of rich flavours, and sweet mango vibes!

Vegan, Organic, Gluten-Free. Made in Ontario.  
Ingredients: Extra-Virgin Olive Oil, Water, Mango, Scallion, Apple Cider Vinegar, Fresh Herbs: Basil; Thyme; Parsley and Ginger, Cumin, Black Pepper

#### **Walnut Maple-Mustard Vinaigrette 354mL \$7.49**

Protein-rich with a hint of a smoky sweet crunch. This dressing tastes great with any types of greens. Use as a delicious dip for pita and other crusty breads, and raw vegetables.

Vegan, Organic, Gluten-Free. Made in Ontario.  
Ingredients: Walnuts, Red Wine Vinegar, Maple Syrup, Spicy Mustard, Kosher Salt, Black Pepper, Fresh Garlic, Fresh Ginger, Extra-Virgin Olive Oil

## SOUPS

**“Hot and Sassy” Creamy Jamaican Pumpkin  
Soup 32oz Jar \$11.99**

A delicious blend of organic whole food ingredients including Ontario grown Jamaican Pumpkin, sweet potato, fresh herbs including thyme, and other spices. Cooked with a hint of scotch bonnet heat. Includes bits of yellow yam and corn niblets.

Vegan, Organic, Gluten-Free

**Warming Kale and White Bean Soup  
32oz Jar \$11.99**

A simple soup to digest. Cooked with kale, fresh herbs, and other seasonal veggies in a delicious vegetable stock. This soup is also great for breakfast.

Vegan, Organic, Gluten-Free